

Intention



Dear Guest,

Thank you for joining us for *Intention*, a deluxe wellness escape at the Virginia Hotel. It is our pleasure to host you at our seaside resort for three days of thoughtful relaxation, fresh air, and healthy vegan cuisine.

YOUR CUSTOM ITINERARY

A perfect blend of the healthy and the luxurious

MONDAY

- | | | |
|--------|-----------------------------|--|
| 1:00pm | Priority Check-In | |
| 5:15pm | Social Hour in the Lounge | Featuring mocktails from the Ebbitt Room Bar |
| 6:00pm | Dinner in the Richmond Room | Prepared by Executive Chef Jason Hanin |

TUESDAY

- | | | |
|---------------|-----------------------------|---|
| 7:30 - 8:30am | Continental Breakfast | Made to order |
| 8:45am | Transportation to Hike | Please meet in hotel lobby |
| 9:00am | Davey's Lake Hike | Hosted by Jarrett Miller and Carly Marinaro |
| 11:30am | Lunch at Beach Plum Farm | in the Winsome Cottage |
| 2:00pm | Yoga Class | in the White Cottage |
| 6:00pm | Dinner in the Richmond Room | Prepared by Executive Chef Jason Hanin |

Please See Reverse

WEDNESDAY

7:30 - 8:30am	Continental Breakfast	<i>Made to order</i>
8:45am	Transportation to Hike	<i>Please meet in hotel lobby</i>
9:00am	Cape May Point State Park Hike	<i>Hosted by Jarrett Miller and Carly Marinaro</i>
11:30am	Lunch at Beach Plum Farm	<i>in the Winsome Cottage</i>
1:45pm	Guided Walk to Gray Cottage	<i>Please meet in hotel lobby</i>
2:00pm	Private Massage	<i>at the Gray Cottage</i>
6:00pm	Dinner in the Richmond Room	<i>Prepared by Executive Chef Jason Hanin</i>

THURSDAY

7:30 - 8:30am	Continental Breakfast	<i>Made to order</i>
11:00am	Check-Out	



SOOTHE. DISCOVER. BLOOM.

Intention